



BABY BOOT CAMP 2021

8AM - 4PM

JAN 14 • FEB 11 • MAR 11 • APR 8 • MAY 13
JUN 10 • JUL 8 • AUG 12 • SEP 9 • OCT 14 • NOV 9

TOPICS

Postpartum • Period of PURPLE Crying • Shaken Baby Syndrome (SBS)
Sudden Infant Death Syndrome (SIDS) • Basic Infant Care • Baby Safety • Parental Self-Care

Baby Boot Camp is a full-day class designed to provide expectant parents with an understanding of their infant's world, along with basic skills necessary in making the transition to parenthood. The class provides an opportunity for "hands-on" practices that assist parents in making informed, responsible decisions about all aspects of caring for their infant.

Registration is required, please call 760-830-7622.
Masks and social distancing required.

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New Parent
Support Program

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