

Craft Club

SERIES WORKSHOP

WEDNESDAY, MARCH 14
10:30 - 12:30PM • BLDG. 1551, ROOM 25

THURSDAY, APRIL 5
5 - 7PM • BLDG. 1551, ROOM 25

Life is what you make it... make yours beautiful!

Decorate your own terracotta pot as we explore Basic Stress Relief Management. Learn concepts and management skills needed to successfully navigate both the everyday and extraordinary stress of the military lifestyle.

OPEN TO ALL. Space is limited to 15 participants.

Pre-registration recommended by contacting
Jill Franco 760.830.3115/3110 • kristy.j.franco@usmc.mil

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