

# MCFTB WORKSHOPS CALENDAR

## JULY – AUGUST 2017

### FAMILY READINESS



Passport to Volunteering	<b>July 5</b>	9am-11am
Family Readiness Volunteer Training	<b>July 13</b>	9am-12pm
Command Team Training	<b>July 25</b>	9am-11am
Passport to Volunteering	<b>August 1</b>	9am-11am
Family Readiness Volunteer Training	<b>August 10</b>	9am-12pm
Command Team Training	<b>August 22</b>	9am-11am

### LIFESKILLS

4 Lenses	<b>July 11</b>	9am-12pm
The 5 Love Languages	<b>July 13</b>	1pm-4pm
4 Lenses	<b>August 8</b>	1pm-3pm
The 5 Love Languages	<b>August 10</b>	1pm-4pm



### L.I.N.K.S.



L.I.N.K.S. For Spouses	<b>July 18</b>	9am-4:30pm
Mentor Training	<b>August 3</b>	9am-1pm
L.I.N.K.S. For Spouses	<b>August 19</b>	9am-4:30pm

**CALL 760.830.3110 FOR MORE INFO | CLASSES ARE SUBJECT TO CHANGE.**  
 ALL LISTED COURSES ARE OPEN TO MILITARY, CIVILIAN AND AUTHORIZED PERSONNEL ABOARD THE COMBAT CENTER.

**Family Readiness Volunteer Training** This training is offered to Family Members who would like to volunteer as a Unit Family Readiness Advisor or Assistant, or who would like to learn more about the Family Readiness Program.

**Passport to Volunteering** The Marine Corps recognizes the value and contributions of individuals who volunteer for Marine Corps programs, activities and lend their time and talents to the surrounding community. This training will give volunteers the tools necessary to have a successful and fulfilling volunteer career, ensuring their volunteer experience is positive and rewarding.

**Command Team Training** This training is designed to orient and guide command team members in their roles, responsibilities and operating components to implement and execute a successful family readiness program.

# LIFE SKILLS

**Four Lenses Workshop** Four Lenses Workshop will give you a real understanding of what motivates others and what their goals are. It will teach you to communicate more effectively, appreciate and tolerate the difference in others and improve personal relationships. The understanding will dramatically change the way you see yourself and others.

**The 5-Love Languages Workshop** Discover the path to more loving, effective communication between you and your partner using Dr. Gary Chapman’s book, “The Five Love Languages”. “te amo” “mahal kita” “aloha wau ia oi” “je t’adore” “aishiteru” = i love you...

# L.I.N.K.S.

**L.I.N.K.S. for Marines, Spouses, Kids, Teens and Parents/Extended Family Members** This program provides Marines and family members methods and resources available on/off base for meeting the challenges of the military lifestyle. L.I.N.K.S. has a diverse mentor team to include spouses of all ranks, ages and experience. L.I.N.K.S. offers mentor training classes for spouses and kids aboard the installation.

**Mentor Training** Want to become an expert at navigating the Marine Corps lifestyle? Are you a highly motivated Marine, spouse or family member? Enjoy helping others? If you answered yes... L.I.N.K.S. needs YOU! Build your resume, meet new people and make a difference in your community. Join the dynamic L.I.N.K.S. group of volunteers today and become a part of a positive force for mission readiness! There are several volunteer options available:  
 • Food Angel (Help feed our participants) • Administrative Support • Event Support • Information Booth Support

All listed courses are open to military, civilian and authorized personnel aboard the Combat Center.

Call (760)830-3110 for details to customize and schedule a class. Classes are subject to change, registration required.

