

TUESDAY

### PASSPORT TO VOLUNTEERING

9:00-10:30 am | Learn how to be a vital member of your community by being a volunteer.

### 4 LENSES WORKSHOP

12:00-2:00 pm | Understand yourself and others; get a bird's eye view of why we communicate with some better than others.

### 7 HABITS OF HIGHLY EFFECTIVE MILITARY FAMILIES (BASICS & PART 1)

5:30-7:30 pm | A 4-part series to teach you how to be the creative force in your own life.

TUESDAY

### 7 HABITS OF HIGHLY EFFECTIVE MILITARY FAMILIES (PART 2 & 3)

5:30-7:30 pm

THURSDAY

### HEALTHY BLENDED FAMILIES

6:00-8:00 pm | Learn about the stages of blended family development and tips for nurturing and enriching the family relationship.

TUESDAY

### L.I.N.K.S. FOR SPOUSES (PART 1)

11:00 am-2:00 pm | Lifestyle & Insights, Networking and Knowledge Skills for today's USMC spouse.

### 7 HABITS OF HIGHLY EFFECTIVE MILITARY FAMILIES (PART 4 & 5)

5:30-7:30 pm

WEDNESDAY

### L.I.N.K.S. FOR SPOUSES (PART 2)

11:00 am-2:00 pm

### "CRAFT CLUB" INTERPERSONAL COMMUNICATION

5:30-7:30 pm | Learn effective communication skills to promote healthy relationships while you craft!

## TEAM BUILDING WORKSHOP CALENDAR

# MAY

TUESDAY

### FAMILY READINESS ADVISOR TRAINING

9:00-11:00 am | Family Readiness Advisors compliment and support the Family Readiness Officer (FRO) in the execution of the Commander's vision and intent.

### 7 HABITS OF HIGHLY EFFECTIVE MILITARY FAMILIES (PART 6 & 7)

5:30-7:30 pm

TUESDAY

### 5 LOVE LANGUAGES

5:30-7:00 pm | What love language do you speak? Build a stronger bond with your loved ones by learning their love language and how it relates to yours.

THURSDAY

### FAMILY CARE PLAN

9:00-10:00 am | Marines and families will learn the basics of a Family Care Plan.

TUESDAY

### HOW TO AVOID FALLING FOR A JERK (OR JERKETTE) - (PART 1 & 2 OF 10)

5:30-7:30 pm | Follow your heart without losing your mind, with the help of this fun-filled class. Great for singles or couples!

TO ATTEND CLASSES/WORKSHOPS, PLEASE CALL AHEAD TO REGISTER.

TEAM BUILDING ADMIN: 760.830.3110

L.I.N.K.S. TRAINER: 760.830.1696

READINESS & DEPLOYMENT

FAMILY READINESS PROGRAM TRAINER:  
760.830.4163

LIFESKILLS TRAINER: 760.830.3115

SUPPORT TRAINER: 760.830.3674



NO DOD OR USMC ENDORSEMENT IMPLIED.