

SUICIDE PREVENTION AWARENESS

WARRIOR

RUCK **5K**
10K

SEP. 10 | 6:30 & 8:30AM

DEL VALLE FITNESS AREA

**FREE & OPEN TO ALL AUTHORIZED PATRONS.
UNIT PT & FAMILIES WELCOME.**

**FIRST 300 TO REGISTER WILL RECEIVE A T-SHIRT.
WALK-UPS WELCOME OR REGISTER ONLINE STARTING AUG. 2 AT: bit.ly/ruck-2021.**

