

# Whacha Cookin?

*Are you interested  
in learning how to  
cook and shop healthy?*



Well, do we have a class for you!  
We will take a shuttle to the Commissary for a comprehensive  
tour, then return to Bldg. 1533 for an interactive cooking class.

To top it off; you get to eat what you make!

**FEBRUARY – SEPTEMBER**  
Every 2nd Tuesday of the month  
4 to 7:30pm / Bldg. 1533, Second Floor

Classes are FREE. Space is limited to 10 participants.



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**WARRIOR ATHLETE**  
READINESS & RESILIENCE

**SIGN UP:**

